



3



9



15



16



2



4H



8



10



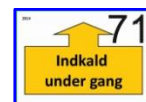
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17



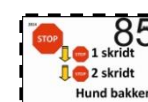
1



5H



7



11



13H



18H



6



12



Skilt nr.7	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	76	71	58	67	71	57	87	82	56	61	85	59	90	80	9	81	91	79		



3



9



15



16



2



4H



8



10H



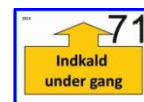
14



17



1



5H



7



11H



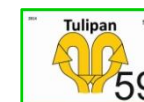
13



18



6



12



Skilt nr.7	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	76	71	58	67	71	57	78	68	56	61	70	59	62	60	9	35	32	79		