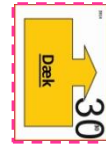
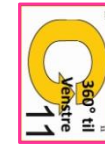




1



2



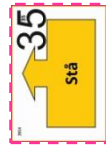
3



5



4



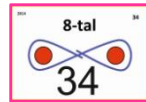
13



12



6



11



7



10



9



8

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	22	30	11	9	5	15	32	3	36	6	34	4	35							



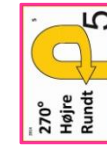
1



2



3



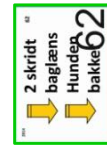
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4



15



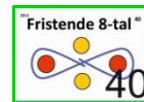
14



13



6



11



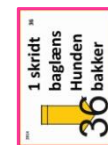
12



7



10



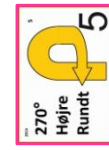
9



8

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	50	52	11	9	5	49	32	3	36	6	40	4	55	62	53					

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	50	52	11	9	5	49	32	3	36	6	40	4	55	79	59	67	71	58	53	



1

2H

3H

5

4

15

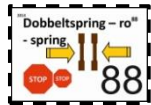


14

13

6

16H



19

11

12

7H



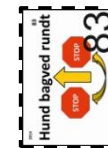
17H



18



10



9



8H



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	82	52	11	56	5	80	32	3	83	6	40	4	55	79	59	89	71	58	88	