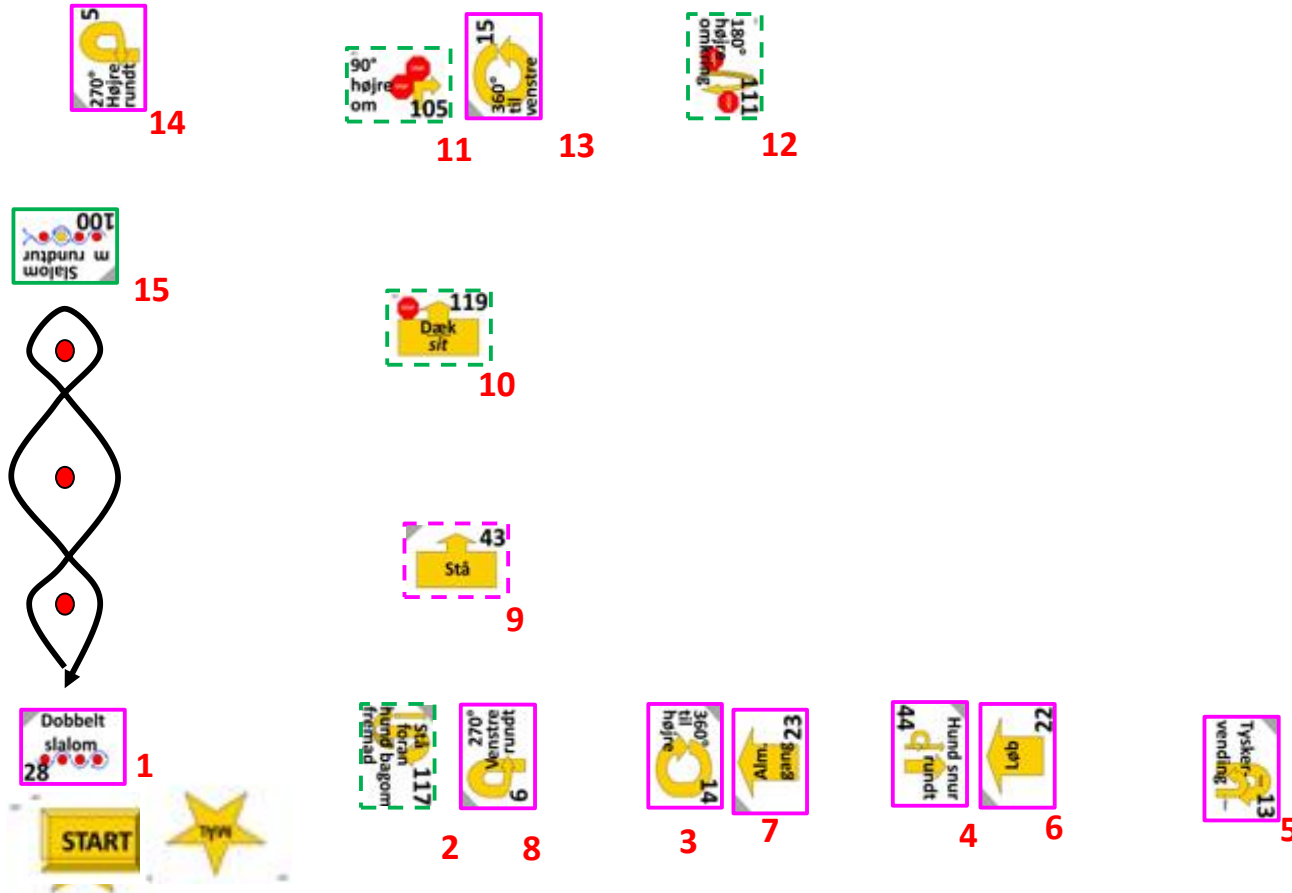
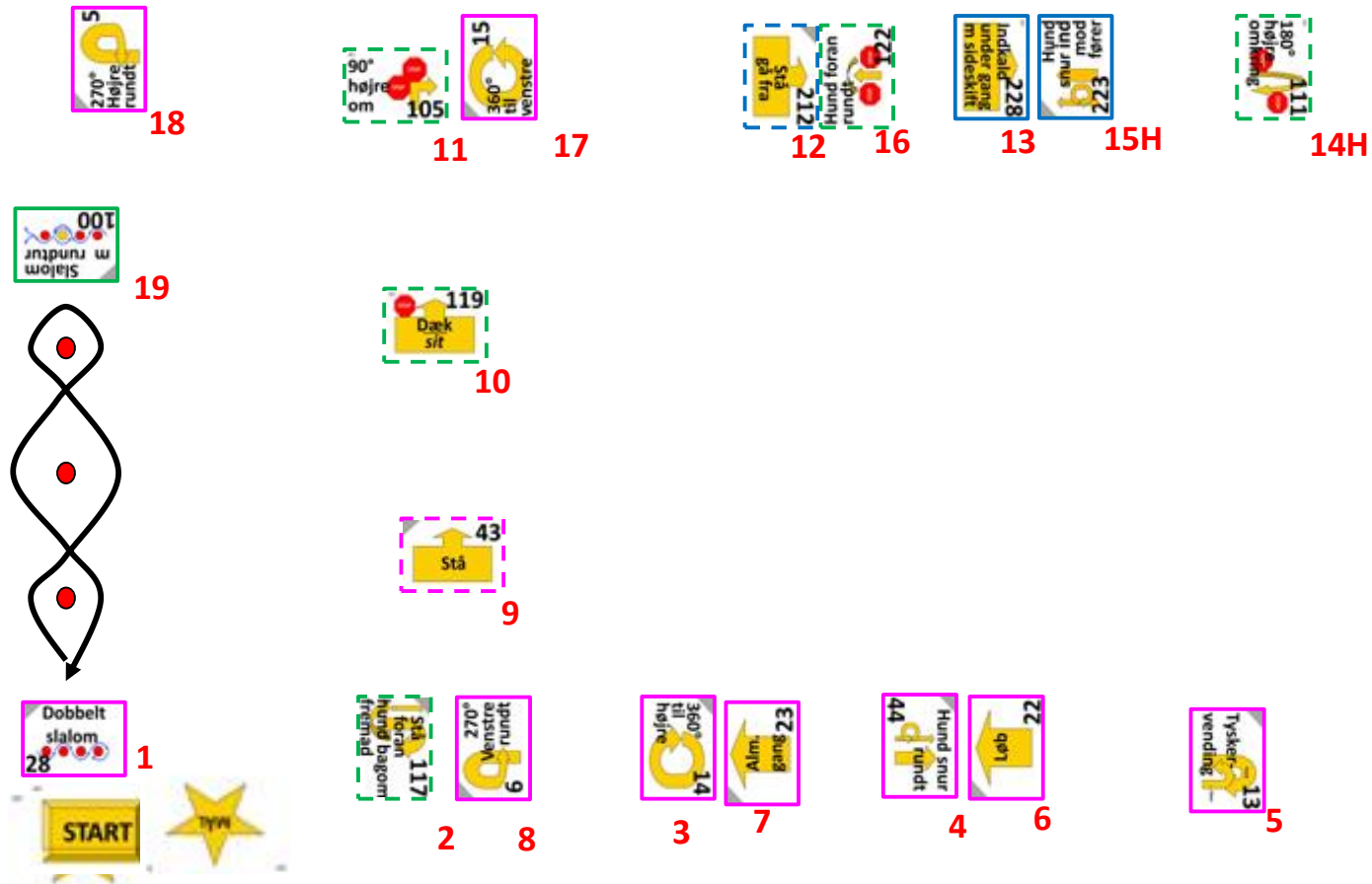


Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	28	42	14	44	13	22	23	6	43	41	4	5	29							



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	28	117	14	44	13	22	23	6	43	119	105	111	15	5	100					



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	28	117	14	44	13	22	23	6	43	119	105	212	228	111	223	122	15	5	100	

18

11H 17

12 16H

13 15H

14

19

10H

9

1

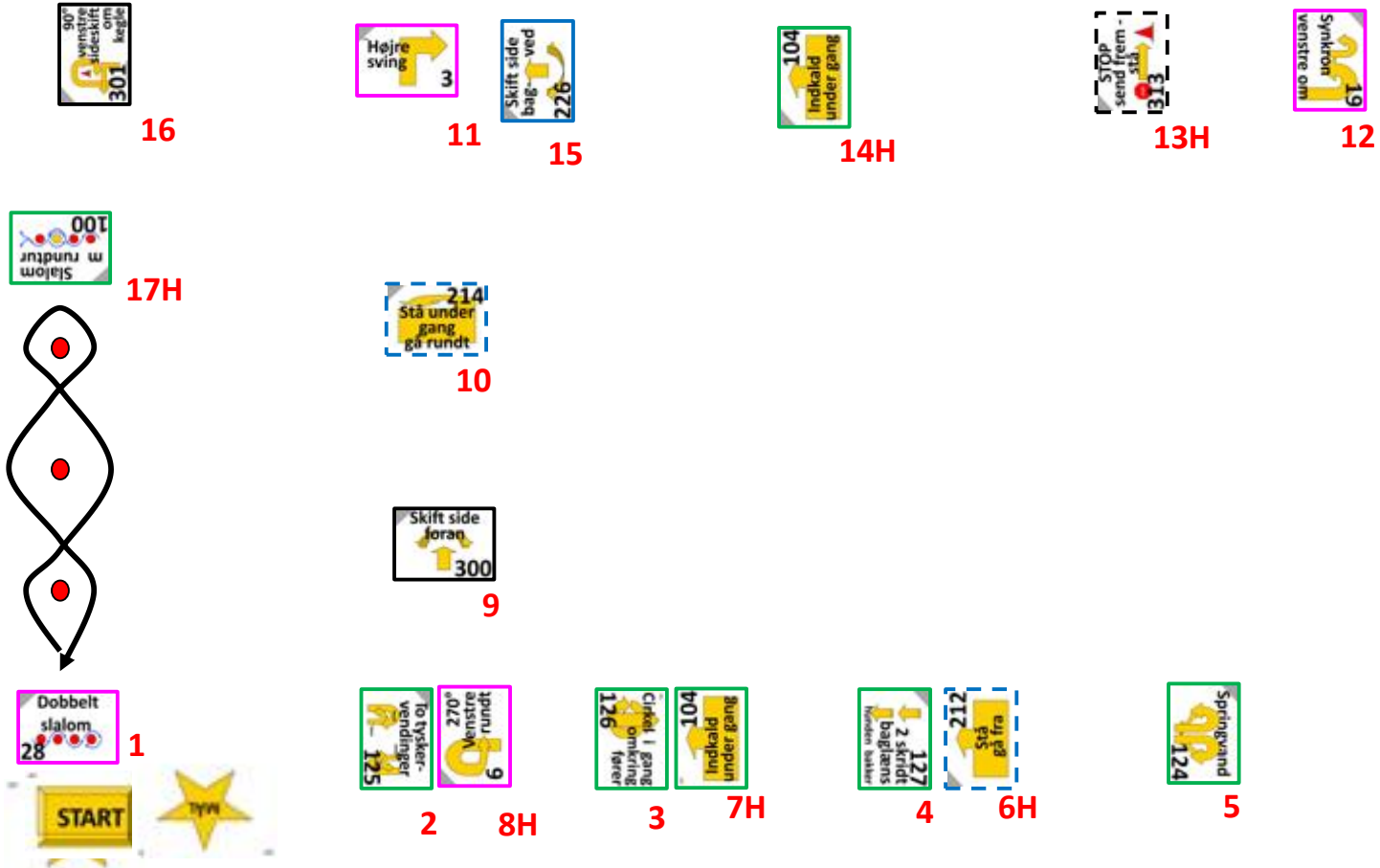
2H 8

3H 7

4H 6

5

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	200	125	126	127	124	212	194	6	300	315	302	306	316	19	304	318	226	5	102	



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	28	125	126	127	124	212	104	6	300	214	3	19	313	104	226	301	100			