



4



5



3



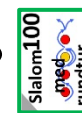
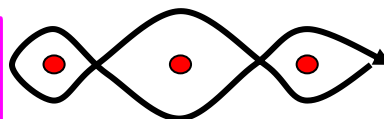
6



2



7



1



1



14



9



15



2



13



12



11



10



8

Skillt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	100	117	22	13	21	23	3	124	18	107	121	10	41	7	120					



4



5



3



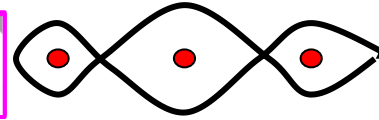
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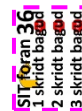
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13



12



11

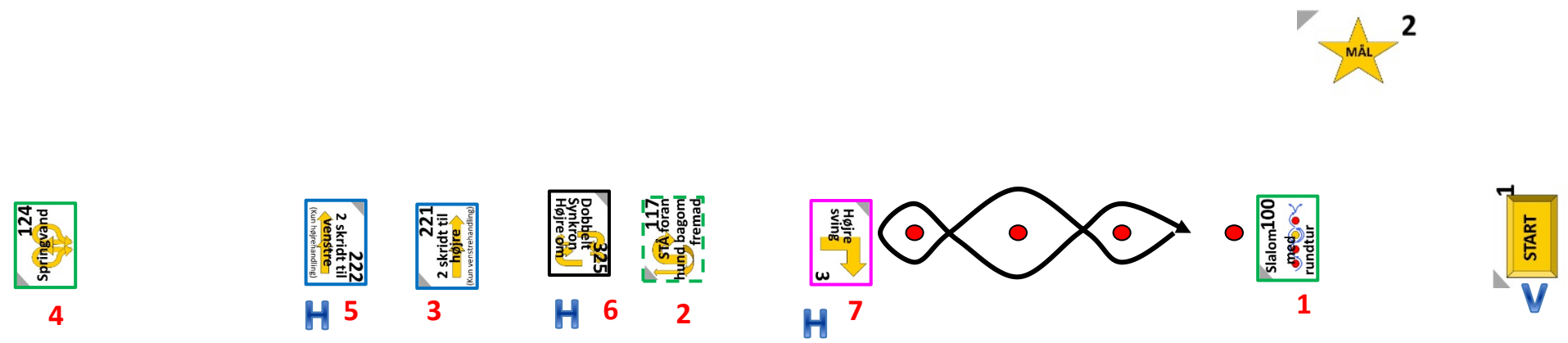


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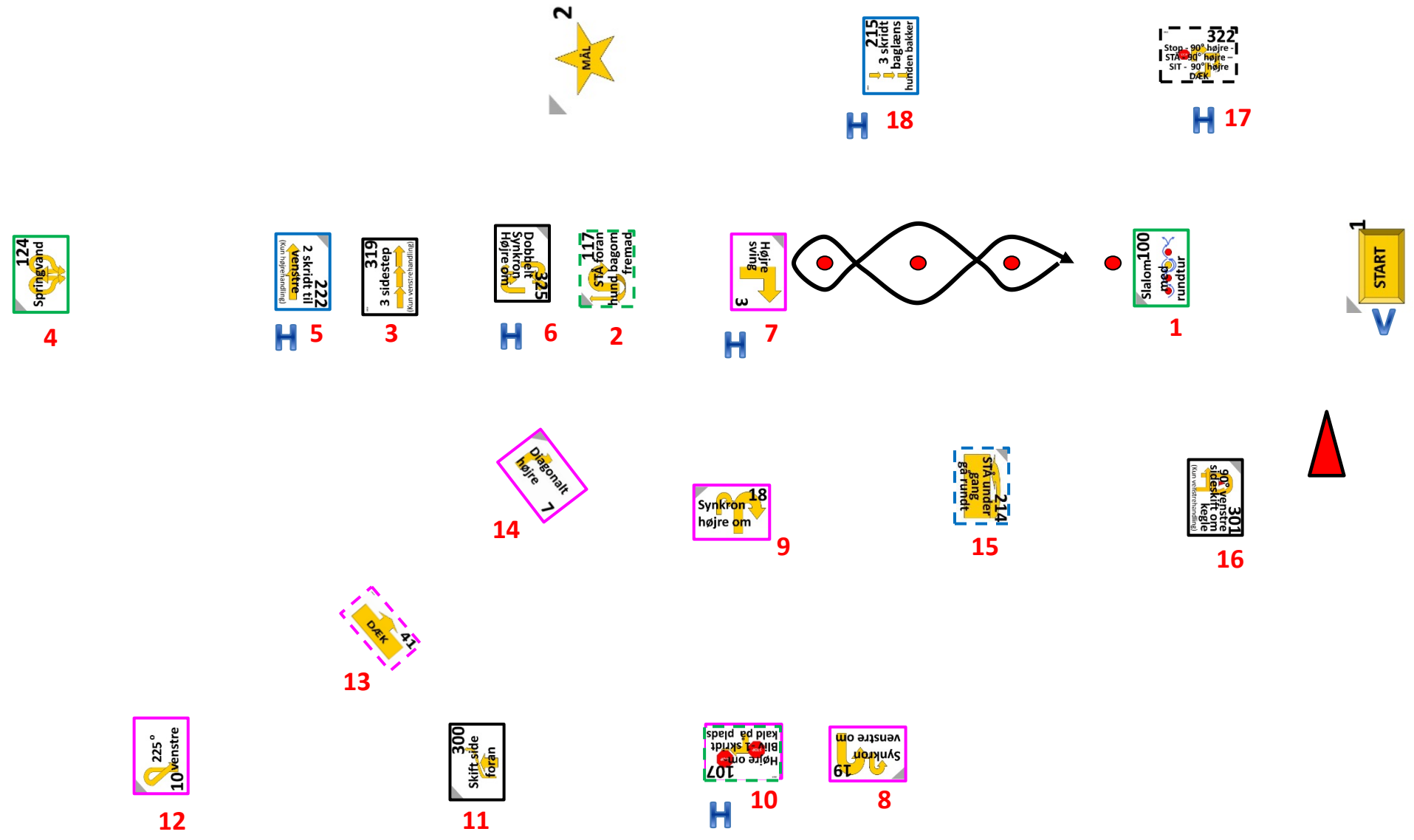
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Skillt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	29	22	23	13	21	23	3	19	18	6	36	10	41	7	39					



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	100	117	221	124	222	325	3	19	18	6	300	10	232	7	214	301				

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	100	117	221	124	222	122	3	19	111	107	123	10	41	7	214	225	215			



Ski nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	100	117	319	124	222	325	3	19	18	107	300	10	41	7	214	301	322	215		