



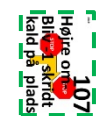
H 3



H 4



5



6



15



14



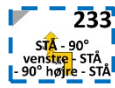
7



2



16



13



8



17



1



11



12

H 10



H 9



1



Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	129	228	224	222	226	107	205	228	105	127	124	5	233	225	9	125	214			



H 3



H 4



5



6



15



14



7



2



16



13



8



17



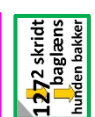
1



11



12



H 10



H 9



1



2

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	129	228	224	222	226	6	313	228	3	127	124	5	233	225	9	300	214			



3



4



5



6



13



7



2



8



1



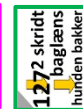
2



11



H 12



10



9



1

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	129	104	6	126	125	107	130	104	105	127	124	5	18							

