



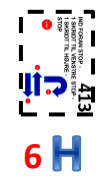
3 H



4 H



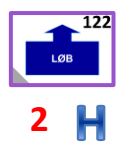
5 H



6 H



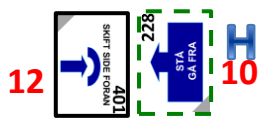
7 H



2 H



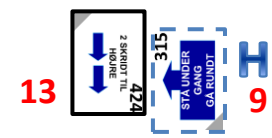
11 H



12 H



10 H



13 H



9 H



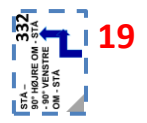
8 H



1 H



20 H



19 H



18 H



15 H



17 H



H



H



16 H

| Skill nr.  | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  | 13  | 14  | 15  | 16  | 17  | 18  | 19  | 20  |
|------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Øvelse.nr. | 121 | 122 | 106 | 123 | 317 | 413 | 330 | 421 | 315 | 228 | 327 | 401 | 424 | 116 | 404 | 223 | 105 | 425 | 332 | 220 |



3 H



4 H



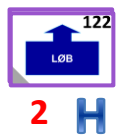
5 H



6 H



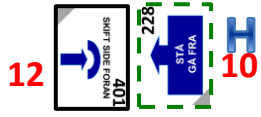
7 H



2 H



11 H



12



10 H



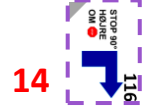
13



9 H



8 H



14



1 H



15



17



H



16

| Skill nr.  | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  | 13  | 14  | 15  | 16  | 17  | 18 | 19 | 20 |
|------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|----|
| Øvelse.nr. | 121 | 122 | 106 | 123 | 226 | 405 | 330 | 103 | 315 | 228 | 232 | 401 | 424 | 116 | 321 | 113 | 105 |    |    |    |



3



4



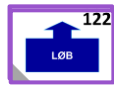
5



6



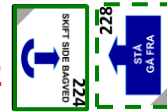
7



2



11



12



10



13



9



8



14



1



20



19



18



15



17



101



102



16

| Skilt nr.  | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  | 13  | 14  | 15  | 16  | 17  | 18  | 19  | 20  |
|------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Øvelse.nr. | 121 | 122 | 106 | 123 | 317 | 225 | 304 | 103 | 315 | 228 | 327 | 224 | 325 | 116 | 221 | 113 | 105 | 326 | 332 | 220 |



3



4



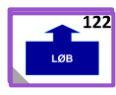
5



6



7



2



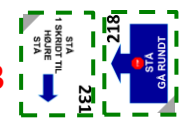
11



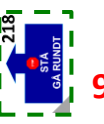
12



10



13



9



8



14



1



15



102



101



16

| Skilt nr.  | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  | 13  | 14  | 15  | 16  | 17 | 18 | 19 | 20 |
|------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|----|----|
| Øvelse.nr. | 121 | 122 | 106 | 123 | 226 | 225 | 203 | 103 | 218 | 228 | 232 | 115 | 231 | 116 | 221 | 113 |    |    |    |    |



3



4



5



6



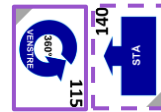
7



2



11



12



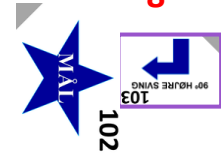
10



13



9



8

102



1



101

| Skilt nr.  | 1   | 2   | 3   | 4   | 5   | 6   | 7   | 8   | 9   | 10  | 11  | 12  | 13  | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|----|----|----|----|----|----|
| Øvelse.nr. | 121 | 123 | 106 | 143 | 144 | 132 | 116 | 103 | 139 | 140 | 113 | 115 | 114 |    |    |    |    |    |    |    |