



7



H 8



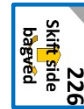
6



H 9



5



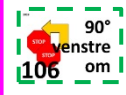
10



4



11

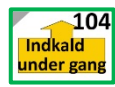


3



12

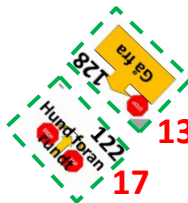
18



2

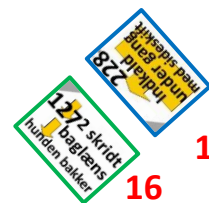


2



13

17

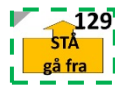


14

16



H 15



1



1

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	129	104	106	233	218	215	124	222	113	226	10	214	128	228	13	127	123	7		

7

8

6

9

5

10

4

11

3

12

18

2

2

13

17

14

16

15

1

1

Skilt nr.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Øvelse.nr.	130	228	322	232	325	324	19	320	316	217	10	126	223	21	13	23	300	7		